

❖ one medical

Exceptional primary care for real life

Your health and your time matter. That's why One Medical makes getting care for you and your family faster, easier, and more enjoyable.

Get a free membership — courtesy of UCSF.

Sign up at: onemedical.com/myhealth

Use code: UCXOMG

Available to employees on any UC-sponsored health plan in the Bay Area and their spouses/domestic partners and dependents up to age 26.

Enrolled in Health Net Blue & Gold HMO? Call 415.523.6317 for help finding a One Medical primary care physician that's in network. Questions? Email hello@onemedical.com.



❖ one medical



Appointments when you need them

We offer same and next-day visits that actually start on time.



24/7 Virtual Care

Get expert care over Video Chat anytime with our app.



Caring providers who listen

Our compassionate providers take the time to truly collaborate with you on your healthcare.

How do I renew my membership?

1. Log in to your account at app.onemedical.com/membership/settings
2. In the top box, click on update employer-sponsored update
3. Enter your email and the code: UCXOMG