

Welcome to the UCSF Youth Pride Clinic



UCSF Health

Here's some info about us.

Where to find us:

Nancy Friend Pritzker Building, 675 18th Street, San Francisco, CA 94143

How to reach us:

Phone (for appointments and advice): 415-353-2002.

Fax: 415-353-2466

When scheduling an appointment, please let the call center know that you are scheduling with the Youth Pride clinic and what type of appointment you need:

- New patient visit to establish care
- Annual physical / Sports physical / check up
- Follow up
- Sick visit
- New consultation (eating disorder/substance use/behavioral health/gynecology)

We try to run on time, so please arrive 10-15 minutes before your appointment. If you are running late, please call to let us know.

Appointment Hours:

Friday 1:00pm - 5:00pm

What we do:

We care for patients until they are 26 years old. Services we provide include:

- Sensitive and affirming primary care, including annual wellness visits, for adolescents and young adults of all genders and sexual orientations.
- Coordination of gender affirming care with Child and Adolescent Gender Clinic, fertility specialists, vocal therapists, and gender affirming surgeons.
- Full-spectrum contraceptive care and menstrual suppression, including IUDs, and contraceptive implants (Including confidential services for minors under 18).
- Comprehensive preventive health care including vaccines and age-appropriate cancer screening including Pap smear.
- Prescription and management of HIV Pre-Exposure Prophylaxis (PrEP) and HIV Post-Exposure Prophylaxis (PEP).
- Testing, diagnosis and treatment of sexually transmitted infections.
- Consultation for behavior, home, and school problems, and for support with family acceptance.
- Medication management and referrals for common mental health issues, such as depression, anxiety, and ADHD
- Substance use screening, prevention, and treatment
- Eating disorder treatment
- Transition from Pride Clinic to LGBTQ affirming adult primary care.
- Chronic disease management
- Primary care for HIV+ youth, youth living in foster care, and homeless youth

Your Care Team:

We are a multi-disciplinary, teaching clinic. Your care team is overseen by either an attending (supervising) doctor, Matthew Meyers, MD MPH, or a nurse practitioner, Adam Leonard, NP MPH, both of whom have completed the World Professional Association for Transgender Health (WPATH) Global Education Initiative. Further, all clinic faculty and staff have completed training in providing sensitive and affirming care to the LGBTQ and Non-Binary communities organized and delivered by the UCSF Alliance Health Project. In addition to the providers listed above, your care team may include the following:

- Social Worker
- Nutritionist
- Medical or Nurse Practitioner student
- Resident Physician
- Adolescent Medicine Fellow

We do our best to ensure that our patients have continuity with a provider but clinical schedules vary so please be sure to ask for your provider when scheduling.

Your first visit to our clinic may be up to an hour to ensure a thorough and attentive evaluation. Subsequent visits will be 30-60 minutes depending on your needs.

Confidentiality:

In order to best take care of you we offer some confidential services. “Confidential” means that we will only share what happens in these visits if you say it is okay, or if someone is in danger. In California, teens can receive some types of health services on their own.

We hope that you can feel comfortable sharing information about everything that may impact your health (including things that may be private or sensitive) so we give all patients an opportunity to meet with their clinician in private. During this time, parents, guardians, friends, or partners will be asked to wait in the waiting room.

Some of the things we may talk about include:

- Home and school environment
- Hobbies and activities
- Exercise habits
- Eating habits
- Relationships
- Sex and sexuality
- Fighting and violence
- Safety and driving
- Smoking, drinking, and drugs
- Sadness and stress
- Family Support

Getting things done:

Questions for your care team:

The best way to reach your provider for non-urgent questions is through **MyChart**, our electronic patient portal. Please stop by the front desk to sign up! **MyChart** gives you access to your test results and makes it easy to contact your care team electronically (there is even a mobile app!)

Medication Refills:

Please ask your pharmacy to send us a refill request.
You can also request refills through **MyChart** or by calling us at 415-353-2002.

Forms (sports physicals, camp forms, health clearance for travel, etc):

Please allow at least 5 days for form completion.
You can drop off forms at our clinic, upload them through **MyChart**, or fax them to us at 415-353-2466.
If you need an appointment before a form can be completed, we will call you to schedule.
Once completed, you may pick up forms at our clinic or we can fax them to you.

Acute Care Visits:

If you have a medical concern and feel you need to be seen immediately please call us at 415-353-2002. Our team can determine if we can see you in the office or will need for you to be seen in another urgent care/acute care location.

After Hour Clinics:

For patients 17 and younger

Pediatric Evening Referral Clinic (PERC)

3490 California Street, Suite 200

(415) 387-9293

Monday to Friday: 6:00pm - 9:30pm

Weekends, Holidays: 8:30am - 9:30pm

For patients 18 and over

Screening and Acute Care Clinic

400 Parnassus Ave., First Floor

San Francisco, CA 94122

Phone: (415) 353-2602

Hours: Monday to Friday 8 a.m. – 8 p.m.

Saturdays and most holidays 8 a.m. – 4 p.m.